



03.04.2023  
**Walk for Life**  
*5K Walk/Run*

Martial Cottle Park or  
 Choose Your Location

Check-In at 8:30am  
 Walk/ Run at 9:00am

Register at  
 FriendsofRealOptions.net  
 or scan the QR code



@friendsofrealoptions   #WFL23

## **SAMPLE Bulletin Announcements for RealOptions Walk For Life & 5K Run, Saturday March 4, 2023 at Martial Cottle Park in San Jose**

Make your love for life live on. RealOptions Obria Medical Clinics and (your church name) are going "On Mission" to advance a culture of life in the Bay Area! Join the "(your church team name)" as a volunteer or as a participant on March 4th at Martial Cottle Park. To volunteer, email [walk@realoptions.net](mailto:walk@realoptions.net). To walk or run, register under (church team name) at [www.friendsofrealoptions.net/walk](http://www.friendsofrealoptions.net/walk).

Walk or Run and celebrate the gift of life! Participate in the Annual Walk for Life & 5K Run on Saturday, March 4th at Martial Cottle Park. This event benefits the work of RealOptions Obria Medical Clinics which serves thousands of women, men, students, and families in our community every year. Start by getting information from the RealOptions information table [table location] or by registering online at [www.friendsofrealoptions.net/walk](http://www.friendsofrealoptions.net/walk).

CALLING ALL LIFE GROUPS! Walk as a team at the Annual Walk for Life & 5K run on Saturday, March 4th at Martial Cottle Park. Create a team name and start asking people to sponsor you. Get more information from the RealOptions table [table location] or register online at [www.friendsofrealoptions.net/walk](http://www.friendsofrealoptions.net/walk). Go the extra mile for moms and families!

Join us next Saturday, March 4th at Martial Cottle Park to support the life affirming work of RealOptions Obria Medical Clinics. All funds raised will provide support services for mothers, fathers, babies, and students. You can volunteer, walk, or run. Get more info from the RealOptions information table [table location] or visit [www.friendsofrealoptions.net/walk](http://www.friendsofrealoptions.net/walk).

## **SAMPLE Bulletin Announcements RealOptions Walk For Life & 5K Run- If you are choosing you own location**

Make your love for life live on. RealOptions Obria Medical Clinics and (your church name) are going "On Mission" to advance a culture of life in the Bay Area! Join "(your church team name)" on March 4th at \_\_\_\_\_. (the location you choose). To walk or run, register under (church team name) at [www.friendsofrealoptions.net/walk](http://www.friendsofrealoptions.net/walk).

Walk or Run and celebrate the gift of life! Participate in the Annual Walk for Life on March 4th at \_\_\_\_\_. (a location you choose). This event benefits the work of RealOptions Obria Medical Clinics which serves thousands of women, men, students, and families in our community every year. Start by registering online at [www.friendsofrealoptions.net/walk](http://www.friendsofrealoptions.net/walk).

CALLING ALL LIFE GROUPS! Walk as a team at the Annual Walk for Life on March 4th at \_\_\_\_\_ (a location you choose). Create a team name and begin asking people to sponsor you on your FundEasy page. Register online at [www.friendsofrealoptions.net/walk](http://www.friendsofrealoptions.net/walk) for more information. Go the extra mile to help safeguard lives!